

BASIC VOLLEYBALL RULES

THE SERVE

- (A) Server must serve from behind the end line until after contact.
- (B) Ball must be served overhand.
- (C) Ball must be clearly visible to opponents before serve.
- (D) Served ball may graze the net and drop to the other side for point.
- (E) Serve must be returned by a bump or set only. Attacking a serve directly back is a violation.

SCORING

1. Rally scoring will be used.
2. There will be a point scored on every possession of the ball.
3. Offense will score on a defense miss or out of bounds hit.
4. Defense will score on an offensive miss, out of bounds hit, or serve into the net.
5. Game will be played to 25 pts.
6. Must win by 2 points.

ROTATION

- (A) Team will rotate each time they win the right to serve.
- (B) Players shall rotate in a clockwise manner.
- (C) There shall be 6 players on each side.

PLAYING THE GAME

- (A) Maximum of three hits per side.
- (B) Player may not hit the ball twice in succession (A block is **not** considered a hit).
- (C) Ball may be played off the net during a volley and on serve.
- (D) A ball touching a boundary line is good.
- (E) A legal hit is contact with the ball by a player's body above and including the waist that does not allow the ball to visibly come to a rest.
- (F) If two or more players contact the ball simultaneously, it is considered one hit and the players involved may not participate in the next hit.
- (G) A player must not block or attack a serve.

BASIC VIOLATIONS

(A) Stepping on or over the line on a serve.

(B) Failure to serve the ball over the net successfully.

(C) Hitting the ball illegally (Carrying, Palming, Throwing, etc.).

(D) Touches of the net with any part of the body while the ball is in play. If the ball is driven into the net with such force that it causes the net to contact an opposing player, no foul will be called, and the ball shall continue to be in play.

(E) Reaching over the net, **except** under these conditions:

1 – When executing a follow-through.

2 – When blocking a ball, which is in the opponent's court but is being returned (the blocker must not contact the ball until after the opponent who is attempting to return the ball makes contact). Except to block the third play.

(F) Reaches under the net (if it interferes with the ball or opposing player).

(G) Failure to serve in the correct order.

(H) Blocks or spikes from a position which is clearly not behind the 10-foot line while in a back row position, called a "back row attack"

Volleyball Lingo

"Ace" When the ball is served to the other team, and no one touches it.

"Dig" When a player makes a save from a very difficult spike.

"Kill" When a team spikes the ball and it ends in a point.

"Rally" The period of play from when the ball is served until play stops.

Positions

Setter– The name for the player who frequently uses the overhead pass to set the ball up to front-line players.

Outside Hitter– Primarily in charge of the spike and blocking opponents

Libero– Plays in the back row as a passer. Usually wears a different color jersey.

Opposite Hitter– plays behind the setter and is responsible for blocking other teams best hitter usually.